



Behavioral Health Therapist

For 50 years, [Bridge Over Troubled Waters](#) has provided a comprehensive continuum of care for runaway, homeless, and high risk youth in Boston, and has been a national model in providing innovative youth services. Our mission is to transform the lives of youth through safe, supportive and encouraging relationships, counseling, housing, and skill-building, to guide them towards self-sufficiency and achieving their goals.

As a Behavioral Health Therapist, you will be responsible for providing substance use and mental health services to young people at Bridge. You will lead health assessments and one-on-one counseling sessions with an active group of Bridge clients and facilitate and plan group sessions for young people around life skills. Utilizing Motivational Interviewing and Collaborative Problem Solving, you will engage youth around addressing certain behaviors in an effort to support their treatment. You will also connect youth clients with in-house services and provide referrals to external partner agencies.

You could be a great fit for our team if you are committed to collaborating with all youth who come through our doors, helping to find creative solutions to difficult problems, in an effort to help them reach their goals.

RESPONSIBILITIES

Your work as a Behavioral Health Therapist will focus on the following:

- Provide weekly face-to-face counseling and group facilitation for up to 25 active clients at Bridge
- Create and implement group learning sessions with young people at Bridge
- Assess each client's needs and develop individualized, strength-based, service plans
- Implement treatment plans that utilize evidence-based youth treatment protocols and provide documentation for interventions

- Maintain contact with contacts of clients including family, education systems, service providers and other outside agencies
- Provide regular referrals to substance use treatment, psychiatric services, Department of Mental Health, and other outside agencies
- Collect and report program data, including but not limited to, data required for Bridge's case management system, Homeless Management Information System, and funder required data and complete quarterly reviews of files
- Participate in monthly meetings with other Bridge programs to provide clinical input on clients
- Serve as liaison and advocate between the program and the community, including surrounding neighbors to build partnerships
- Ensure that all activities, services and programs through Bridge are conducted in a manner that is sensitive to and shows respect for the cultural and ethnic diversity for all Bridge clients
- Participate in weekly and quarterly program, supervision, consultation, and staff meetings
- Attend and participate in annual in-service trainings

QUALIFICATIONS

It takes a special person to serve as a team member at Bridge. Before applying, please consider the following qualifications, skills, and experiences that we have found lead to success as a Behavioral Health Therapist. We do not expect candidates to meet all of the criteria listed below. Reviewing the qualifications can help you to better understand what will be expected of you as a member of the team.

If you believe you have "what it takes", please submit an application. We will be excited to hear from you and each application will be carefully reviewed and acknowledged by a member of our team.

- Master's Degree required; LCSW, LMFT, LMHC or equivalent highly preferable
- Experience working with vulnerable young people or young adults in crisis and/or their families during outreach efforts or in a residential setting
- Ability to relate in an empathetic, supportive, non-judgmental manner to young people and their families
- Knowledge and experience of crisis intervention, child abuse/neglect, domestic violence, housing and homelessness, substance abuse, and mental health issues
- Knowledge of systems and resources relevant to the population of youth that Bridge serves
- Strong engagement and therapeutic relationship-building skills
- Experience networking and advocating with other agencies to access housing, medical, financial, legal, educational and other resources on behalf of young people

COMPENSATION & BENEFITS:

Bridge Over Troubled Waters is an Equal Opportunity Employer and offers a competitive salary and benefits package including

medical, dental and vision plans, paid time off and a retirement savings plan.

The Behavioral Health Therapist role is a full-time role based at the Bridge Headquarters in downtown Boston and reports to the Clinical Coordinator.